

# Nuplazid access in India

How Indian families with Parkinson's disease psychosis pursue Nuplazid (pimavanserin), the first medication FDA-approved specifically for this indication.

*Last reviewed 2026-05-12 by Reserve Meds clinical & regulatory team. This page combines the India country regulatory module with the Nuplazid drug module to describe the path families actually walk.*

## Quick orientation

Nuplazid (pimavanserin) is a selective 5-HT<sub>2A</sub> inverse agonist approved by the US Food and Drug Administration in April 2016 for the treatment of hallucinations and delusions associated with Parkinson's disease psychosis (PDP). The product is marketed approximately by Acadia Pharmaceuticals. Pimavanserin is the first medication FDA-approved specifically for PDP, and its mechanism distinguishes it from typical and atypical antipsychotics that block dopamine receptors and can therefore worsen the motor symptoms of Parkinson's disease. The standard dose is 34 mg once daily. The FDA label carries a boxed warning for increased mortality in elderly patients with dementia-related psychosis, common to all antipsychotic-class medications. Reserved for you.

## Why this drug is hard to source in India

Parkinson's disease affects approximately 1 in 500 Indians, with psychosis emerging in a substantial subset of patients over the course of the disease. The treating Indian neurologist or movement disorders specialist managing a PDP patient is typically choosing between quetiapine (off-label, widely available locally), clozapine (effective but requiring hematologic monitoring), and pimavanserin. Indian-made generics or registered branded versions of pimavanserin are not available as of this review date, and the originator manufacturer has not pursued an Indian marketing authorisation. For families whose treating neurologist judges that the receptor-selective profile of pimavanserin is the appropriate next step (typically after a quetiapine trial), the import pathway is the practical route.

## The CDSCO personal-import pathway under Rule 36

The legal foundation for personal import of an unregistered medicine into India is Rule 36 of the Drugs and Cosmetics Rules 1945. Rule 36 permits import of a small quantity of a drug whose import would otherwise be prohibited under Section 10 of the Drugs and Cosmetics

Act 1940, for the exclusive personal use of a named patient. Form 12A is the application; Form 12B is the permit issued by the office of the Drugs Controller General of India. The application is accompanied by a prescription from a Registered Medical Practitioner showing the practitioner's NMC registration number and the quantity required for treatment, capped at one hundred average doses per application. For Nuplazid, the clinical justification letter documents the Parkinson's disease diagnosis, the emergence of psychotic symptoms, the prior treatment trials including quetiapine and clozapine where applicable, the rationale for a selective 5-HT<sub>2A</sub> inverse agonist, and the planned monitoring schedule.

## **Real costs in INR and USD**

The US wholesale acquisition cost for Nuplazid is approximately USD 3,300 to 3,800 per 30-day supply at the standard 34 mg once-daily dose. In INR at the prevailing 94 to 95 range, that translates to approximately INR 3.1 lakh to 3.6 lakh per month. An Indian-made generic of pimavanserin does not exist as of this review date. The molecule is under patent protection. Indian Union Budget 2026-27 expanded the customs duty exemption list, and central nervous system medicines for rare or specialty indications may qualify depending on the specific HSN classification at filing.

## **Timing, what to expect**

From physician decision to dispensed product, a routine Nuplazid import case runs two to four weeks. Documentation assembly takes three to five business days. The Form 12B permit issues in one to two business days on the priority timeline. US-side sourcing and shipment runs one to two weeks. For ongoing daily dosing, Reserve Meds aligns refill cycles to a four to six week reorder rhythm.

## **What your physician needs**

The clinical justification letter documents the Parkinson's disease diagnosis with duration and motor disability assessment, the emergence of hallucinations or delusions, the impact on the patient and caregiver, the prior trial of alternative agents (quetiapine, clozapine, or others) and the reason for moving to pimavanserin, the planned monitoring schedule including QT interval surveillance and assessment of cognitive and motor effects, and the boxed warning discussion with the family. The treating neurologist or movement disorders specialist's NMC registration number appears on the prescription.

## **Customs clearance and IOR**

Customs at the port of entry reviews the Form 12B permit, the commercial documentation, and the importer's drug licence. The Importer of Record is the licensed dispensing facility

or specialty importer. Nuplazid capsules ship ambient and do not require cold-chain handling.

## Pharmacovigilance

India operates the Pharmacovigilance Programme of India (PvPI) coordinated by the Indian Pharmacopoeia Commission. For pimavanserin, the principal post-marketing safety concerns are QT interval prolongation, somnolence, peripheral edema, and the class-effect mortality signal in elderly patients with dementia-related psychosis (per the FDA boxed warning). Adverse event reporting through PvPI by the prescribing physician is the standard practice. Nuplazid is not a controlled substance and the federal narcotics framework does not apply.

## Where Reserve Meds fits

Reserve Meds is a US-based concierge coordinator. For a Nuplazid case, our work is US-side sourcing, documentation orchestration so the Form 12A package is complete the first time, logistics coordination, and a single named coordinator through the first cycle and into the ongoing refill rhythm.

## Next step

If a treating neurologist or movement disorders specialist in India is weighing Nuplazid for a patient with Parkinson's disease psychosis, the waitlist is the first step. We respond within 24 to 48 hours with an eligibility confirmation and a documentation kit for the physician.

*Reserved for you.*

## Related

- [Nuplazid clinical resource](#)
- [India country page](#)
- [CDSCO personal-import pathway](#)

## Sources

1. FDA approval, Nuplazid (pimavanserin), Acadia Pharmaceuticals, NDA approval April 2016 for hallucinations and delusions associated with Parkinson's disease psychosis.
2. CDSCO, Procedure for Permission to Import Small Quantities of Drugs for Personal Use (Form 12A / Form 12B under Rule 36, Drugs and Cosmetics Rules 1945).

3. Indian Pharmacopoeia Commission, Pharmacovigilance Programme of India (PvPI) reporting framework.

## **Common questions Indian families ask**

**Will Star Health, HDFC ERGO, ICICI Lombard, or Niva Bupa cover this?** Each Indian private insurer assesses named-patient imports case by case. None of the major private insurers reimburse a Rule 36 personal import as a standard line item. Some have reimbursed full or partial drug cost where the underlying medicine is on the formulary and the named-patient route operated as a stocking workaround. Reserve Meds supplies the documentation that lets your insurer evaluate. The claim itself is filed by the patient or the hospital. Cash-pay remains the default posture for Reserve Meds patient cases.

**Will my CGHS or ESIC entitlement cover this?** CGHS (Central Government Health Scheme) provides for life-saving and anti-cancer medicines not in the standard formulary to be considered case by case by an Expert Committee under the Special DG (DGHS) where the prescribing specialist documents the requirement. Drugs not approved by the DCGI for use in India face a stricter Expert Committee review. ESIC's formulary is narrower. Neither scheme is structured for routine personal-import reimbursement; check eligibility with your CGHS Wellness Centre or the ESIC dispensary before assuming coverage.

**Will my AIIMS, Tata Memorial, Apollo, Fortis, Medanta, Kokilaben, MGM, CMC Vellore, or Manipal physician's letter be sufficient?** Yes. A Registered Medical Practitioner with a valid National Medical Commission registration number can support a Form 12A application. Physicians at AIIMS, Tata Memorial Centre, government medical colleges, and state-run tertiary hospitals routinely do so. Private-sector specialists at Apollo, Fortis, Medanta, Kokilaben Dhirubhai Ambani Hospital, MGM Healthcare, CMC Vellore, and Manipal Hospitals also have signing authority subject to their institutional drug licence.

**What if my treating institution does not have an import pharmacy desk?** The practical route is to work with one of the named tertiary centres that handles compassionate and named-patient imports as established workflow, or with a CDSCO-licensed specialty importer in Mumbai, Delhi, or Bangalore that handles the documentation and chain-of-custody on behalf of smaller hospitals or independent specialists. Reserve Meds aligns with the importer named on the Form 12B permit.

**Can I receive the drug at home, or do I need a hospital?** The dispensing facility must hold a valid drug licence under the Drugs and Cosmetics Rules. For oral medicines, a hospital outpatient pharmacy or a licensed import pharmacy is the dispensing point. For infusion products, the medicine ships to the infusion centre where the patient will receive it. Direct-to-home delivery outside a licensed dispensing facility is not the model.

**What about pediatric patients?** The Rule 36 framework applies the same way for pediatric patients. The clinical justification letter typically includes weight-adjusted dosing and pediatric-specific monitoring. AIIMS, Tata Memorial, Apollo, Kokilaben, and CMC Vellore handle pediatric named-patient imports routinely. Where the indication is approved in adults only, the off-label use is the physician's clinical judgement and is documented as such in the Form 12A letter.

**Does FCRA affect a patient case?** The Foreign Contribution (Regulation) Act 2010 (FCRA), as proposed to be amended by the Foreign Contribution (Regulation) Amendment Bill 2026, regulates foreign donations to Indian organisations and individuals. For a patient family paying for the medicine themselves, FCRA is generally not engaged. Where a foreign foundation or diaspora group is funding a treatment, FCRA registration of the recipient organisation and the donation route can become relevant; the structure should be reviewed with counsel before funds move. Reserve Meds does not provide FCRA legal advice; we flag the question so it reaches the right adviser early.

**What is the role of the Indian Pharmacopoeia Commission?** The Indian Pharmacopoeia Commission coordinates the Pharmacovigilance Programme of India (PvPI) and publishes the Indian Pharmacopoeia, the legal compendium of pharmaceutical standards in India. For imported originator products under Rule 36, the PvPI reporting framework applies to adverse event surveillance, and the prescribing physician is the reporting party. The Indian Pharmacopoeia is the reference standard against which Indian-manufactured products are tested; imported originator products carry their reference-country pharmacopoeial standards (typically USP for FDA-approved products).

**How does this compare with access in the UAE or Saudi Arabia?** India's Rule 36 framework with the published Form 12B priority timeline (one to two business days for routine documentation) is often faster than the SFDA Personal Importation Program in Saudi Arabia (typically 10 to 21 business days routine) and broadly comparable to the UAE Emirates Drug Establishment pathway. India's offsetting friction is the customs and logistics layer rather than the regulator's stamp. India's tertiary specialty hospital depth substantially exceeds any single peer country in the South Asia and GCC region, which usually offsets the longer end-to-end cycle for complex cases.

**What documentation does my family need to assemble before contacting Reserve Meds?** The minimum useful package is the treating physician's name and registration number, the patient's diagnosis and current treatment summary, recent relevant investigations (imaging, biopsy, molecular pathology, blood work as applicable), and a contact pathway to the dispensing facility you intend to use. With that package, Reserve Meds can complete eligibility within 24 to 48 hours and route the documentation kit to your physician.

## **How Indian families coordinate across cities and countries**

For Indian families, the coordination problem is often distributed across multiple cities and sometimes multiple countries. A grandmother in Hyderabad, an oncologist at Tata Memorial in Mumbai, an adult child in Bangalore managing logistics, and a son in Dubai or London paying the invoice is a common configuration. The Reserve Meds single named coordinator model is built for exactly this pattern. One coordinator carries the case file, one chain of correspondence captures the decisions and documents, and one set of contact records reaches every family member who needs visibility into the case, regardless of how many cities the family touches or how many time zones the case spans. The Reserve Meds patient portal at [portal.reservemed.com](http://portal.reservemed.com) holds the document set and the case timeline; the coordinator handles the email, phone, and WhatsApp follow-through that the case needs at each step.

For smaller cities where the local hospital does not maintain an import pharmacy desk, the practical route is to work with a CDSCO-licensed specialty importer in Mumbai, Delhi, Bangalore, Chennai, or Hyderabad. The importer carries the CDSCO relationship, the customs broker relationship, and the chain-of-custody documentation. Reserve Meds aligns with the importer on US-side sourcing and with the treating physician on clinical documentation. The patient sees one face throughout, which is the named coordinator.

## **The patient experience, step by step**

From the family side, the sequence looks like this. Your physician decides this drug is the right next step. That is a clinical decision and stays with them. Your physician or the hospital pharmacy team reaches out to Reserve Meds, or the patient submits a request through the Reserve Meds portal and Reserve Meds connects with the physician. Reserve Meds confirms eligibility within 24 to 48 hours and sends a documentation kit to your physician, including the Form 12A reference, the clinical justification letter template, and the chain-of-custody plan. Your physician completes the documentation, attaches the prescription with their NMC registration number, and the application goes to CDSCO through the appropriate port office or the DCGI New Delhi office, or via the hospital's licensed importer. The Form 12B permit issues on the documented priority timeline. While the permit issues, Reserve Meds aligns US-side sourcing and the shipment plan with the dispensing pharmacy. The shipment moves cold-chain or ambient as appropriate. Customs at the destination port reviews the permit and clears the consignment. The dispensing pharmacy receives, logs, and stores the medicine according to its drug licence requirements. Your physician initiates therapy. Adverse event reporting through PvPI continues for the duration of therapy.

**Review and oversight.** Content on this page is reviewed by the Reserve Meds clinical and regulatory team. A US-licensed pharmacist reviews every prescription before dispensing. Regulatory posture is informational, not legal advice; case-specific questions route to retained outside counsel. [Review methodology](#) ›

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